Measuring our Impact

Over 32,406
Meals and snacks served this year.

36%
Return camper rate at Camp Mill Hollow

50%
Return camper rate at Camp Roger

25
International Camp Staff served camp in 2019

$104,087
Awarded in financial assistance for Day Camp families in need.

Providing equal access for all
28%
of families participating in overnight camps are receiving some kind of financial assistance.

Serving kids ages 5-17
49% female
50% male

2
Summer Overnight Camps in Utah

IMPACT IN ACTION: MEET AROOSA

Aroosa was one of the many campers we served this summer at Camp Roger. This was her first year at Camp Roger – and her first time attending overnight camp. Aroosa had the opportunity to participate in many firsts this year. She went on her first mountain hike and saw her first mule deer! She had a blast participating in Camp rituals such as roasting marshmallows over a fire, learning archery, swimming, and doing arts and crafts with other campers. One of Aroosa’s favorite moments was sitting outside and drawing an aspen tree during arts and crafts time. It was the first time she had ever drawn a picture that advanced before! Her all-time favorite thing from Camp was making new friends. When she first arrived, Aroosa was nervous she was not going to make any friends, especially once she saw everyone already knew each other from previous years. But Aroosa made a lot of friends during a hike to an outdoor theater where they sang and watched camp skits.

She remembers this day in particular because it was her first day at camp and she missed her parents. Making new friends and participating in the fun activities in nature made her happy! She is already planning next year – she wants to try mountain biking and other activities that she didn’t have time to try last summer. Above all, she is excited to make new friends and reconnect with the ones she made this year.

For youth development®
For healthy living
For social responsibility

1381
Kids served in YMCA Overnight Camp in Utah.
ADVENTURE AWAITS

THERE’S NEVER BEEN A BETTER TIME TO GET OUTSIDE
Each day average American kids spend:
- 270 minutes watching tv
- 363 minutes on their phone
- 420 minutes looking at some kind of screen
- 4 minutes outdoors each day

PERSONAL GROWTH
American Camp Association research reports that kids who attend overnight camp show significant growth in:
- Confidence and self-esteem
- Social skills and making friends
- Independence
- Leadership
- Environmental Awareness
- Adventure and exploration
- Values and decision making

STAFFING RESULTS
- 95% of staff members report that being a part of group working towards a common goal had a positive effect on them
- 84% said that camp surrounded them with high character standards

CHARACTER ACHIEVEMENT
Each camper has the opportunity to earn dog tags and pins for excellent displays of our 4 core values of caring, respect, responsibility, and honesty.

DON’T JUST TAKE IT FROM US:
- 70% of parents say that their child gained self-confidence at camp.
- 96% of campers say that camp helped them make new friends at camp.
- 63% of parents say that their child continues to participate in some of the new activities he/she learned at camp.

State and nationwide camp statistics providing by the American Camp Association

OUR MISSION:
To provide our communities with experiences that build strong kids, strong families, and strong communities.

The YMCA of Northern Utah is committed to transforming lives through meaningful experiences and nurturing relationships for all.

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