

## WHAT TO PACK – Traditional Camp



Remember, all campers need to pack for one week's worth of camp! This is a basic list of items to bring to camp. Use your own judgment on quantity.

- When packing for camp, please remember that Camp Roger is a rustic camp located in the mountains, where days are hot and nights are cool, all summer long. A water bottle and layers are necessary. Camp Roger provides plenty of opportunities to get dirty. We encourage you to pack old clothes.
- Long pants and closed toe shoes are required for horseback riding. Campers cannot ride in shorts and/or sandals
- REMEMBER, it is important that your child knows what they are bringing to camp. You should take the opportunity to pack with your child so they can see what they have and know where to find it. Please make sure to label all items with your child's name and check lost and found upon departure. Camp will not be responsible for lost or broken items.
- If the camper is a bed wetter, please send extra sheets and blankets. Parents should speak with the cabin counselor regarding any possible bed wetting or sleep walking problems.
- Personal hygiene, applying bug spray and sun block is camper's own responsibility.
- All clothing should be appropriately modest and not reference drugs, alcohol, sex, or profanity.

### **CLOTHING**

- |  |   |                                   |
|--|---|-----------------------------------|
| <input type="checkbox"/> T-Shirts                | <input type="checkbox"/> Pajamas/Sleepwear  | <input type="checkbox"/> Shorts   |
| <input type="checkbox"/> Pants/Jean/Sweats       | <input type="checkbox"/> Long-sleeve shirts | <input type="checkbox"/> Swimsuit |
| <input type="checkbox"/> Undergarments/underwear | <input type="checkbox"/> Socks              | <input type="checkbox"/> Shoes*   |

*\*2 pair of shoes one comfortable, sturdy walking pair, one for getting wet and dirty. All shoes must have a closed toe and heel strap to adequately protect foot. Flip-flops will only be allowed in the bathhouse.*

### **OUTERWEAR**

- |   |   |                                   |                                 |
|---|---|-----------------------------------|---------------------------------|
| <input type="checkbox"/> Warm Jacket/Heavy Sweatshirt | <input type="checkbox"/> Raincoat/Rain Poncho | <input type="checkbox"/> Warm Hat | <input type="checkbox"/> Gloves |
|---|---|-----------------------------------|---------------------------------|

### **TOILETRIES**

- |                                     |                                       |                                    |  |
|-------------------------------------|---------------------------------------|------------------------------------|--|
| <input type="checkbox"/> Soap       | <input type="checkbox"/> Shower shoes | <input type="checkbox"/> Hairbrush | <input type="checkbox"/> Bug repellent |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Toothbrush   | <input type="checkbox"/> Shampoo   | <input type="checkbox"/> Sunscreen     |

### **BEDDING/LINEN**

- |   |   |                                     |                                      |
|---|---|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> Sleeping Bag*  | <input type="checkbox"/> Pillow/Pillow Case | <input type="checkbox"/> Bath Towel | <input type="checkbox"/> Beach Towel |
| <input type="checkbox"/> Twin sized fitted bedsheet (to cover the mattress in bunk bed) |   |                                     |                                      |

*\*Most campers tend to use sheets with a sleeping bag. Pack whatever is most comfortable for your child.*

### **MISCELLANEOUS**

- |  |                                     |                                      |
|--|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> Reusable Water Bottle (at least 32 ounces required) | <input type="checkbox"/> Flashlight | <input type="checkbox"/> Laundry Bag |
|--|-------------------------------------|--------------------------------------|

### **OPTIONAL**

- |  |  |  |                                 |
|--|--|--|---------------------------------|
| <input type="checkbox"/> Disposable camera | <input type="checkbox"/> Extra batteries | <input type="checkbox"/> Costume for theme Thursday dinner | <input type="checkbox"/> Stamps |
| <input type="checkbox"/> Stationary*       | <input type="checkbox"/> Pens/Pencils*   | <input type="checkbox"/> Envelopes*                        |                                 |

*\*Campers are encouraged to write at least one letter home during the week.*

### **WHAT NOT TO PACK**

- |   |                                    |                                    |                                      |   |
|---|------------------------------------|------------------------------------|--------------------------------------|---|
| <input type="checkbox"/> Cell Phones      | <input type="checkbox"/> Jewelry   | <input type="checkbox"/> Money     | <input type="checkbox"/> Knives      | <input type="checkbox"/> Electronic Games       |
| <input type="checkbox"/> Matches/lighters | <input type="checkbox"/> Fireworks | <input type="checkbox"/> Valuables | <input type="checkbox"/> MP3 Players | <input type="checkbox"/> New/expensive clothing |

- Camp provides children a chance to live without electronic devices. As such, we do not permit cell phones, gameboys, iPods, or similar devices.
- If any of the above items are found at camp, we will collect, label, and store them until they can be given to a parent/guardian at the conclusion of the week.
- If any guns, explosives or illegal items are found, the item(s) will be confiscated, the proper authorities notified, and the camper may be sent home.
- Please do not bring food or candy. If you chose to send food items because your child has dietary needs, please label all items and give them to the camp nurse at check-in.
- The YMCA is not responsible for any lost, stolen or misplaced personal possessions. All unclaimed/lost items will be donated to a charitable organization one month after every camp session.