



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MEASURING THE IMPACT THE YMCA OF NORTHERN UTAH'S AFTERSCHOOL PROGRAM

**1 IN 4 KIDS**  
IS LEFT UNSUPERVISED AND  
ALONE EVERY DAY AFTER SCHOOL



**YMCA STUDENTS WITH  
INCREASED HOMEWORK  
COMPLETION**

**72%**



**UTAH Y AFTERSCHOOL  
PROGRAM ENROLLMENT**



**1,099** youth served  
**24** program sites

**UNSUPERVISED YOUTH**  
are at high risk for:

- substance abuse
- juvenile crime
- teen pregnancy
- gang involvement
- dropping out of school



**PARENTS SUPPORT  
AFTERSCHOOL  
PROGRAMS**

**81%**

support public funding  
for after school programs

**71%**

say after school  
programs help them  
keep their jobs

**58%**

say after school  
programs excite kids  
about learning

**71%**

say after school programs  
reduce likelihood of kids  
engaging in risky behavior

**PROVIDING OPPORTUNITY**  
Kids in Y Afterschool Program



**84%**  
low income

**57%**  
minorities

over

**\$557,432** in financial  
assistance  
during 2016/2017 school year



**SERVING  
KIDS AGES  
5-18**

## Y STUDENTS WHO INCREASED POSITIVE PEER-TO-PEER RELATIONSHIPS

74%



\*aggregate score from end of school teacher survey

## CLOSING THE ACHIEVEMENT GAP

The academic achievement gap between students from lower and higher income families has grown in the last 30 years by

40%



Consistent participation in high-quality after school programs helps eliminate the achievement gap.

## SUPPORTING SUCCESS IN SCHOOL AND LIFE

Consistent participation in after school programs provide positive outcomes for all youth.



\*Based on participants who began the year with less developed social-emotional skills



## STORY OF IMPACT



As a first grader at Polk Elementary, Lawrence struggled communicating with his peers and teachers at school. He also had a difficult time with reading and completing his homework. With these challenges in mind, the YMCA Afterschool Program

staff provided a positive and supportive atmosphere for Lawrence by reading with him every day and encouraging him to be himself.

Not only have his reading skills and school work improved, but Lawrence has had the chance to make many positive interactions with his peers. Now Lawrence participates in conversations during meal time with his peers and is actively involved in clubs. The Y has given Lawrence many opportunities to feel supported, accepted, and appreciated for his hard work and dedication.

## QUALITY STAFF



33 HOURS per year

Average training time for Y staff



70 HOURS per year

Average training time for Y leadership

## JOIN OUR EFFORTS

Learn about how to help kids reach their full potential in your community. Visit [ymcautah.org/programs](http://ymcautah.org/programs)

The Y.™ For a better us.™